NOVEMBER

# MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **2**<br>General Tso Chicken<br>General Tso Tofu<br>Vegetable Lo Mein<br>Steamed Green Beans | **3**<br>Turkey Meatballs<br>Quinoa Cauliflower Meatballs<br>Marinara Sauce<br>Toasted Farro<br>Roasted Butternut Squash | **4**<br>Chicken Garlic Parmesan<br>Chickpea Nuggets<br>Mashed Sweet Potatoes<br>Cheesy Broccoli | **5**<br>Pasta with Alfredo Sauce<br>Fusilli with Peas & Broccoli<br>Honey Roasted Carrots<br>Garlic Bread | **6**<br>Assorted House made Pizza |
| **9**<br>Mojo Chicken<br>Mojo Portobello<br>Sweet Plantain<br>Sauteed Spinach | **10**<br>Cheese Tortellini with Tomato Cream Sauce<br>Pasta with Roasted Vegetables<br>Roasted Brussel Sprouts<br>Rosemary Focaccia | **11**<br>Teriyaki Chicken<br>Teriyaki Tofu<br>Edamame<br>Vegetable Fried Rice | **12**<br>Beef Chili<br>Lentil and Vegetable Chili<br>Sauteed Broccoli<br>Brown Rice & Quinoa | **13**<br>Assorted House made Pizza |
| **16**<br>Chicken Tinga<br>Chipotle Roasted Tofu<br>Tomato & Cilantro Rice<br>Roasted Confetti Corn | **17**<br>Baked Ziti<br>Penne Pasta with Broccoli<br>Sauteed Mixed Greens<br>Garlic Bread | **18**<br>Baked Salmon with Roma Sauce<br>Roasted Cauliflower with Roma Sauce<br>Garlic Rosemary Potatoes<br>Roasted Carrots | **19**<br>Chicken Tenders<br>Lentil Nuggets<br>Lemon Garlic Green Beans<br>Roasted Corn on the Cob | **20**<br>Assorted House made Pizza |
| **23**<br>Parent Teacher Conferences | **24**<br>Parent Teacher Conferences | **25**<br>Thanksgiving Break<br>School Closed | **26**<br>Thanksgiving Break<br>School Closed | **27**<br>Thanksgiving Break<br>School Closed |

In addition to our daily menu, we offer a Build-Your-Own Salad Bar, Build-Your-Own Sandwich Bar, freshly prepared composed salads and sandwiches, and gluten-free options available every day.